



BREAKFAST MENU

SERVED UNTIL 11AM DAILY

JUST ADD COFFEE.

SWEET SOURDOUGH TOAST 5

BUTTER, JAM, HAZELNUT BUTTER

SAVOURY SOURDOUGH TOAST 7

RED LENTIL HUMMUS, BOILED EGG

OATMEAL 8.5

STEEL CUT OATS, FRUIT COMPOTE, HAZELNUT, HONEY, SOURDOUGH

GRANOLA 8.5

MAPLE ROASTED GRANOLA, FRUIT, YOGURT, SOURDOUGH

SOURDOUGH PANCAKES 4 | 7.5 | 11

SINGLE, DOUBLE, OR TRIPLE STACK. SERVED WITH BUTTER + MAPLE SYRUP

FRENCH TOAST 8 | 14

CHOCOLATE SOURDOUGH BRIOCHE, WHIPPED YOGURT, FRUIT

HUEVOS RANCHEROS 15.5

FRESH CORN TORTILLAS, TWO FRIED EGGS, SMOKY PINTO BEANS, FETA, SALSA

BREAKFAST BURGER 18.5

BEEF + PORK PATTY, FRIED EGG, BACON, JALAPEÑO GOUDA, AIOLI, SALSA

BACON BREAKFAST SANDWICH 12

FRIED EGG, BACON, GOUDA, PESTO, TOMATO, AIOLI

VEGGIE BREAKFAST SANDWICH 12

FRIED EGG, SEASONAL VEG, GOUDA, PESTO, TOMATO, AIOLI

EGGER 7

MAPLE SAGE SAUSAGE, EGG, CHEDDAR, ENGLISH MUFFIN

PESTO POACHIE 7.5 | 12

KALE PESTO TOAST, POACHED EGG, CHEDDAR, SESAME ZA'ATAR

FARMHOUSE 15.5

TWO EGGS, BACON OR SAUSAGE, GREENS, POTATOES, SOURDOUGH

HENHOUSE 12

TWO EGGS, GREENS, POTATOES, SOURDOUGH

BREAKFAST SKILLET 14.5

TWO EGGS BAKED IN HARISSA CREAM, SEASONAL VEG, FETA, SOURDOUGH

GROW YOUR PLATE

ADD BACON 4 ADD SAUSAGE 3.5
ADD EGG 2 ADD POTATOES 3

WE ARE PROUD TO SOURCE FROM LOCAL FARMS

ORGANIC VEGETABLES: TERRA FIRMA FARMS, REVELSTOKE , BC
PASTURE RAISED PORK: TERRA FIRMA FARMS, REVELSTOKE , BC
ORGANIC PRODUCE: WILD FLIGHT FARM, MARA , BC
ORGANIC POULTRY: TERRA FIRMA FARMS, REVELSTOKE , BC
ORGANIC FRUITS: OUR CAWSTON FAMILIES' ORCHARDS, CAWSTON
TRACEABLE ORGANIC CANADIAN BEANS + LEGUMES: FLOURIST

BC GRASS FED DAIRY: GRASS ROOTS FARM, SALMON ARM
ORGANIC FLOURS: WOLFGANG'S GRAIN & FLOUR, ENDERBY BC
DAIRY: D DUTCHMEN DAIRY, SICAMOUS BC
GRASS FED BEEF: GREENSLIDE CATTLE COMPANY, REVELSTOKE BC
SEASONINGS: TRACK STREET GROWERS, REVELSTOKE BC
SEA SALT: VANCOUVER ISLAND SALT CO.

 : SERVED ALL DAY



LUNCH MENU

SERVED FROM 11AM DAILY

SANDWICHES + TOASTIES ARE SERVED ON OUR FARMHOUSE SOURDOUGH BREAD

BURGERS COME ON OUR SOURDOUGH MILK BUNS

SOUP 8

EVER CHANGING, SOURDOUGH

FIELD SALAD 9

THE FIELD'S BEST, DRESSED TO IMPRESS, SOURDOUGH

GRAZING BOWL 14

QUINOA + CHICKPEAS, GREENS, VEGGIES, HUMMUS, BOILED EGG, FETA + SEEDS

BACON BREAKFAST SANDWICH 12

FRIED EGG, BACON, GOUDA, PESTO, TOMATO

VEGGIE BREAKFAST SANDWICH 12

FRIED EGG, SEASONAL VEG, GOUDA, PESTO, TOMATO

MARKET SANDWICH 10

HUMMUS, ROASTED VEGETABLE OF THE MOMENT, SLAW, PESTO

CHICKEN SANDWICH 12

BUTTERMILK ROASTED CHICKEN, SLAW, RANCH, GREENS

PLOUGHMAN'S SANDWICH 12

HAM OR VEG PATE, GOUDA, PICKLED VEG, EGG SALAD,
GREENS, SLAW, MUSTARD

HALF + HALF 12

HALF SOUP, HALF SALAD, SOURDOUGH

CHEESE TOASTIE 8.5

CHEDDAR, BROWN BUTTER, SOURDOUGH, KETCHUP

HAM + CHEESE TOASTIE 12

HAM, CHEDDAR, BROWN BUTTER, SOURDOUGH, KETCHUP

BEET + GOAT CHEESE TOASTIE 12

HERB GOAT CHEESE, ROASTED BEETS, SOURDOUGH, BROWN BUTTER

CHEESY BAKED BEANS 12.5

SMOKY PINTO BEANS + CHEDDAR SKILLET, SOURDOUGH, GREENS

BARNYARD BURGER 15

BEEF + PORK PATTY, GOUDA, AIOLI, RELISH, GREENS

FIELD BURGER 15

VEG PATTY, HALLOUMI, GREENS, ONION JAM, TAHINI SAUCE

GROW YOUR PLATE

ADD SIDE SOUP 6

ADD SIDE FIELD SALAD 6

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