



BREAKFAST MENU

SERVED UNTIL 11AM DAILY

JUST ADD COFFEE.

SWEET SOURDOUGH TOAST 5

BUTTER, JAM, HAZELNUT BUTTER

SAVOURY SOURDOUGH TOAST 7

RED LENTIL HUMMUS, JAMMY BOILED EGG,

OATMEAL 8.5

STEEL CUT OATS, FRUIT COMPOTE, HAZELNUT, HONEY, SOURDOUGH

GRANOLA 7

MAPLE ROASTED, SEASONAL FRUIT, YOGURT, SOURDOUGH

SOURDOUGH PANCAKES 11

MAPLE SYRUP, BUTTER

FRENCH TOAST 14

CHOCOLATE SOURDOUGH BRIOCHE, WHIPPED YOGURT, FRUIT

HALF FRENCH TOAST 8

SAME DECADENCE. SMALLER PLATE.

HUEVOS RANCHEROS 15.50

FRESH CORN TORTILLAS, TWO FRIED EGGS, SMOKY PINTO BEANS, FETA,
SALSA

BACON BREAKFAST SANDWICH 12

FRIED EGG, BACON, GOUDA, PESTO, TOMATO

VEGGIE BREAKFAST SANDWICH 12

FRIED EGG, SAUTEED GREENS, GOUDA, PESTO, TOMATO

EGGER 6

MAPLE SAGE SAUSAGE, EGG, CHEDDAR, ENGLISH MUFFIN

PESTO POACHIE 10

KALE PESTO, POACHED EGG, CHEDDAR, SESAME ZA'ATAR

FARMHOUSE 15.50

TWO EGGS, BACON OR SAUSAGE, GREENS, POTATOES

HENHOUSE 12

TWO EGGS, GREENS, POTATOES

SEASONAL SKILLET 14.50

SEE SPECIALS BOARD FOR THIS ONE

GROW YOUR PLATE

ADD BACON 4 ADD SAUSAGE 3.5
ADD EGG 2 ADD POTATOES 3

WE ARE PROUD TO SOURCE FROM LOCAL FARMS

ORGANIC VEGETABLES: TERRA FIRMA FARMS, REVELSTOKE , BC
PASTURE RAISED PORK: TERRA FIRMA FARMS, REVELSTOKE , BC
ORGANIC PRODUCE: WILD FLIGHT FARM, MARA , BC
ORGANIC POULTRY: TERRA FIRMA FARMS, REVELSTOKE , BC

TRACEABLE ORGANIC CANADIAN BEANS + LEGUMES: FLOURIST

BC GRASS FED DAIRY: GRASS ROOTS FARM, SALMON ARM
ORGANIC FLOURS: WOLFGANG'S GRAIN & FLOUR, ENDERBY BC
DAIRY: D DUTCHMEN DAIRY, SICAMOUS BC
GRASS FED BEEF: GREENSLIDE CATTLE COMPANY, REVELSTOKE BC
SEASONINGS: TRACK STREET GROWERS, REVELSTOKE BC
SEA SALT: VANCOUVER ISLAND SALT CO.





LUNCH MENU

SERVED DAILY FROM 11AM DAILY

SANDWICHES + TOASTIES ARE MADE ON OUR FARMHOUSE SOURDOUGH BREAD

BURGERS COME ON OUR SOURDOUGH MILK BUNS

SOUP 8

EVER CHANGING, SOURDOUGH

FIELD SALAD 8

THE FIELDS BEST, DRESSED TO IMPRESS, SOURDOUGH

GRAZING BOWL 14

GLORY BOWL OF GRAINS, VEGETABLES, JAMMY EGG + SOMETHING SAUCY

BACON BREAKFAST SANDWICH 12

FRIED EGG, BACON, GOUDA, PESTO, TOMATO

VEGGIE BREAKFAST SANDWICH 12

FRIED EGG, SAUTEED GREENS, GOUDA, PESTO, TOMATO

MARKET SANDWICH 10

HUMMUS, ROASTED VEGETABLE OF THE MOMENT, SLAW PESTO

CHICKEN SANDWICH 12

BUTTERMILK ROASTED CHICKEN, SLAW, RANCH, GREENS

PLOUGHMAN'S SANDWICH 12

HAM OR VEG PATE, GOUDA, PICKLED VEG, EGG SALAD,
GREENS, SLAW, MUSTARD

HALF + HALF 12

HALF SOUP, HALF SALAD, SOURDOUGH

CHEESE TOASTIE 8.5

CHEDDAR, BROWN BUTTER, KETCHUP

HAM + CHEESE TOASTIE 12

HAM, CHEDDAR, BROWN BUTTER, KETCHUP

BEET + GOAT CHEESE TOASTIE 12

HERB GOAT CHEESE, ROASTED BEETS

KIM-CHEESE TOASTIE 12

KIMCHI, KALE, GOUDA

BARNYARD BURGER 15

BEEF + PORK PATTY, GOUDA, MAYO, RELISH, GREENS

FIELD BURGER 15

VEG PATTY, HALLOUMI, GREENS, ONION JAM, TAHINI SAUCE

GROW YOUR PLATE

ADD SIDE SOUP 6

ADD SIDE FIELD SALAD 6

WE ARE PROUD TO SOURCE FROM LOCAL FARMS

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PASTURE RAISED PORK: TERRA FIRMA FARMS, REVELSTOKE , BC
ORGANIC PRODUCE: WILD FLIGHT FARM, MARA , BC
ORGANIC POULTRY: TERRA FIRMA FARMS, REVELSTOKE , BC
ORGANIC FRUITS: OUR CAWSTON FAMILIES' ORCHARDS, CAWSTON
TRACEABLE ORGANIC CANADIAN BEANS + LEGUMES: FLOURIST

BC GRASS FED DAIRY: GRASS ROOTS FARM, SALMON ARM
ORGANIC FLOURS: WOLFGANG'S GRAIN & FLOUR, ENDERBY BC
DAIRY: D DUTCHMEN DAIRY, SICAMOUS BC
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